



TM

**Emotional Freedom Techniques**

**A universal aid to healing**

**The Doorway to the new Healing Highrise**

## **The EFT Manual**

## **مذكرة الحرية النفسية**

**Fifth Edition**

**“The cause of all negative emotions is a disruption in the body’s energy system.”**

**© Gary Craig 2004**



**تعريب المدرب : د. حمود العبري**

**Keep on tapping ☺**