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Abstract

The Effectiveness of Self-Control Training Programme for Aggressive Behavior in a Sample of Delinquent in a Residential House of Social Observation

Asad Abdullah

Mu'tah University, 2007

This study aims to investigate the differences of the Effectiveness of self control training programme for aggressive behavior in a sample of delinquent in a residential house of social observation.

The Sample consisted of (45) delinquent males and their age range was (12-18) years. A scale to measure aggressive and hostility behavior was used, in addition to a questionnaire to measure availability of self control skills. A group training programme for self-control skills was also used.

The result Showed that the training program was effective on the self control skills, and in reducing the aggressive behavior among the sample subjects. Moreover, the results showed an impact of the training programme on the self control skills which continued after the termination of the program.

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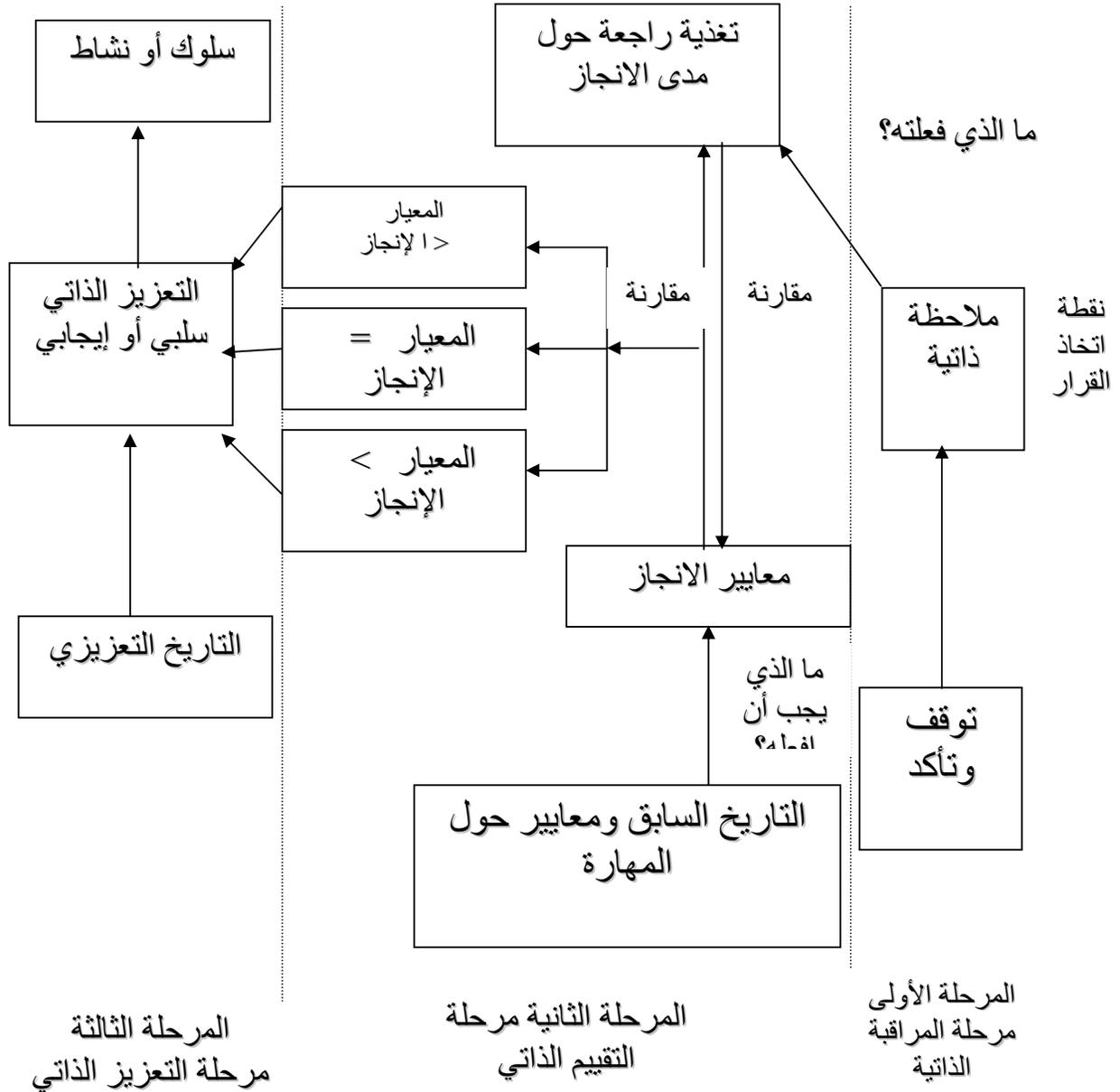
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**0.000	0.919		(9.546)17.533	3
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**0.004	3.130	(1.703)	13.351	(1.337)	10.221	2
*0.031	2.275	(1.922)	7.533	(1.207)	6.200	3
**0.000	4.992	(1.675)	11.750	(2.271)	8.875	4
**0.000	7.318	(1.744)	19.458	(3.525)	13.583	5
**0.000	5.207	(1.501)	11.083	(2.297)	8.167	6
**0.000	5.238	(1.963)	17.125	2.999	13.291	7

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0.867	0.169	(2.059)	10.667	(2.264)	10.533	1
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0.359	0.932	(0.869)	4.867	(1.437)	5.267	3
0.260	1.149	(1.944)	8.933	(1.870)	9.733	4
0.673	0.430	(2.207)	13.000	(1.869)	12.067	5
0.116	1.620	(1.207)	6.200	(1.922)	7.533	6
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**0.000	10.133	(7.68)	35.75	(3.82)	10.67	1
**0.000	8.976	(8.12)	32.08	(3.67)	9.00	2
**0.000	9.619	(6.24)	29.25	(3.48)	9.42	3
**0.000	9.499	(8.58)	35.08	(3.75)	9.42	4
**0.000	15.232	(2.99)	33.04	(0.72)	9.63	

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**0.002	3.560	(3.05)	19.80	(3.05)	8.09	1
*0.035	2.273	(2.98)	16.90	(2.98)	9.55	2
**0.000	5.088	(4.16)	20.30	(4.16)	8.09	3
**0.000	6.007	(2.98)	23.90	(2.98)	9.46	4
**0.000	7.657	(2.87)	20.23	(0.81)	8.80	

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0.701	0.389	(2.98)	9.55	(3.67)	9.00	2
0.415	0.832	(4.16)	8.09	(3.48)	9.42	3
0.979	0.027	(2.98)	9.46	(3.75)	9.42	4
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0.951	0.062	(2.81)	8.92	(3.67)	9.00	2
0.597	0.536	(3.38)	10.17	(3.48)	9.42	3
0.958	0.054	(3.85)	9.33	(3.75)	9.42	4
0.930	0.091	(0.57)	9.58	(0.72)	9.63	

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0.513	0.666	(2.70)	8.91	(3.05)	8.09	1
0.447	0.775	(2.50)	8.64	(2.98)	9.55	2
0.912	0.112	(3.45)	7.91	(4.16)	8.09	3
0.833	0.214	(2.16)	9.70	(2.98)	9.46	4
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