

Holmes was certainly not a difficult man to live with. He was quiet in his ways, and his habits were regular. It was rare for him to be up after ten at night, and he had invariably breakfasted and gone out before I rose in the morning. Sometimes he spent his day at the chemical laboratory, sometimes in the dissecting-rooms, and occasionally in long walks, which appeared to take him into the lowest portions of the city. Nothing could exceed his energy when the working fit was upon him; but now and again a reaction would scize him, and for days on end he would lie upon the sofa in the sitting-room, hardly uttering a word or moving a muscle from morning to night. On these occasions I have noticed such a dreamy, vacant expression in his eyes that I might have suspected him of being addicted to the use of some narcotic had not the temperance and cleanliness of his whole life forbidden such a notion.

A. Conan Doyle
